

\*SAMPLE\* Red Lion Sunday Lunch Menu \*SAMPLE\*

Starters

Spiced Parsnip Soup with Curried Oil & Croutons	£5.95
Field Mushroom Soup with Parsley Croutons	£5.95
Grilled Goats Cheese with Cider Poached Pear Salad	£6.50
Pan Fried Fresh Mackerel with Potato & Spring Onion Salad	£6.50
Chinese BBQ Sticky Pork Loin Ribs	£6.95
Warm Kiln Roast Salmon Salad with a Poached Egg	£6.95

Mains

Roast Ribs of British Beef with Yorkshire Pudding & Horseradish	£13.50
Roast Swannington Leg of Lamb with Real Mint Jelly	£12.95
Crackly Roast Loin of Norfolk Pork with Homemade Apple Sauce	£11.95
Roast Gressingham Duck with Honey Glazed Fresh Figs	£12.95
Glenham Hall Pheasant Breast with Confit Leg & Bread Sauce	£11.95
Pan Fried Lambs Liver with Smoked Bacon & Crispy Onions	£11.50
Roast Norfolk Chicken with Homemade Stuffing & Bread Sauce	£11.95
Teryaki Glazed Swannington Pork Ribs with Coleslaw & Fries	£12.95
Homemade Steamed Steak & Kidney Suet Pudding	£12.95
8oz Swannington Steak Burger with Emmenthal & Onion Rings	£11.95
Chicken Caesar Salad with Crispy Bacon, Parmesan & Croutons	£11.95
12oz Gammon Steak with Fried Eggs & Battered Onion Rings	£13.95
Sesame Crusted Salmon, Courgette Ribbons & Honey Soy	£12.95
Pair of Fresh Local "Slip" Dover Soles Pan Fried Meuniere	£12.95
Goujons of Fresh Sole & Plaice in Breadcrumbs with Tartare	£10.95
King Prawn Scampi Tails in Batter with Salad & Tartare	£12.95
Pan Fried Wing of Suffolk Skate with Balsamic & Caper Butter	£14.95
Whole Lowestoft Plaice with Sauté Cucumber, Prawns & Dill	£14.95
Pan Fried Gurnard Fillet with Mediterranean Vegetables	£9.95/£13.95
Deep Fried Fillet of Cod or Haddock with Mushy Peas & Chips	£11.95
Pan Fried Line Caught Halibut Steak with Fresh Mussel Cream	£16.95
10oz Flat Iron Strip Steak, Smoky Coffee Rub & Fried Onions	£14.95
10oz Swannington Ribeye Steak, Garlic Mushrooms & Tomato	£22.95
12oz Prime Sirloin with Steak Garnish & Battered Onion Rings	£22.95

Roast & Mashed Potatoes, Cauliflower Cheese, Mashed Roots, Spring Cabbage & Parsnips or Chunky Chips, Skinny Fries & Salad Garnish

**Food Allergies & Intolerances: Before you order food and drinks please ask a member of staff for assistance.**