

## Starters

Fresh Local Asparagus Soup & Croutons	£5.95
Goats Cheese, Bacon & Walnut Salad	£6.95
Locally Smoked Mackerel Fillet with Warm New Potato Salad	£6.95
Crispy Chilli Beef Salad with Peanuts	£6.95
Fresh Fried Cod Cheeks with Tartare	£6.95
Calamares with Lemon & Pepper Aioli	£7.50
Fresh Local Asparagus with Smoked Salmon & Soft Poached Egg	£7.95
Prawns & Vegetable Tempura	£7.95

## Mains

Sugar Baked Swannington Gammon	£13.95
Crackly Roast Pork Loin & Apple Sauce	£13.95
Local Lambs Liver & Bacon on Mash	£12.95
Crispy Chilli Beef & Peanut Salad	£10.95
Slow Baked Swannington Lamb Shoulder Kleftico Style	£14.95
Carved Swannington Ham, Eggs & Chips	£11.95
Farm to Fork Sausages & Mash	£10.95
Brill & Plaice Goujons, Salad & Fries	£11.95
Homemade Fish Pie;Cod, Smoked Haddock, Salmon & Prawns with Cheesy Mash	£13.95
Sesame Crusted Fresh Salmon Fillet with Honey & Soy Drizzle	£14.95
Pan Fried Wing of Suffolk Skate with Capers & Balsamic Butter	£13.95
Fillet of Fresh Cod or Haddock Deep Fried in Adnams Batter with Mushy Peas & Chips	£13.95
Pan Fried Sea Bass Fillet, Tartare Butter & Crispy Fried Fresh Cod Cheeks	£14.95
Fillet of Fresh Hake with Sauté New Potatoes, Roast Peppers & Crispy Chorizo	£15.95
Pan Fried Fresh Torbay Sole Meuniere & Fries	£14.95
Panko Crusted Monkfish Katsu Curry with Steamed Jasmine Rice	£15.95
Fresh Dressed Cromer Crab Salad	£13.95
Glazed Half a Fresh Local Lobster Thermidor with Fries, Salad & Samphire	£17.95

## From The Chargrill

8oz Steak Burger with Fries & Slaw	£13.95
Chicken & Bacon Caesar Salad	£12.95
Swordfish with Avocado Salad	£14.95
Swannington Gammon Steak with Fried Eggs & Beer Battered Onion Rings	£14.95
Teriyaki Glazed Pork Ribs & Fries	£14.95
Rump & Ribs Teriyaki Combo	£21.95
8oz Rump Steak with Baked Stilton Mushroom	£16.95
10oz Flat Iron with Smoky Coffee Rub & Fried Onions	£14.95
10oz Ribeye with Garlic Mushrooms	£24.95
12oz Swannington Sirloin Steak	£26.95
Add a Fried Egg	£2.50
Stilton or Peppercorn Sauce	£2.95

## Light Meals & Snacks

Egg & Chive Mayonnaise Sandwich	£5.95
Cheddar Cheese & Ham Sandwich	£6.95
Roast Beef & Horseradish Sandwich	£6.95
Atlantic Prawn Cocktail Sandwich	£7.95
Mozzarella, Tomato & Basil Panini	£7.50
Tuna & Cheese Melt Panini	£7.95
Mushroom & Stilton Panini	£7.95
Brie & Crispy Bacon Panini	£7.95
Farm to Fork Sausage Baguette	£7.50
Roast Pork & Crackling Baguette	£7.50
Hot Roast Beef Baguette	£7.50
Ploughmans: Carved Ham & Cheddar	£9.95
Brunch: Bacon, Sausage, Eggs, Mushroom, Baked Beans & Grilled Tomato	£11.95
Bowl of Hand Cut Chunky Chips	£2.50
Bowl of Sweet Potato Fries	£2.95
Bowl of Cheesy Chips	£3.50

## **Food Allergies & Intolerances:**

All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Before you order food and drinks, please ask a member of staff if you require assistance.