

Red Lion Sunday Lunch Menu

Starters

Local Asparagus, Spinach & Pea Soup with Croutons	£5.95
Cromer Crab Bisque with Croutons	£5.95
Crispy Fresh Cod Cheeks with Homemade Tartare Sauce	£6.50
Grilled Goats Cheese Salad with Honey Glazed Fresh Fig	£6.95
Fresh Cromer Crab Cake with Chilli & Lime Mayonnaise	£6.95
Local Asparagus with Smoked Salmon & Poached Egg	£7.50
Pan Fried Skate Backs with Balsamic & Caper Butter	£7.50
Seared King Scallops with Teriyaki Glazed Swannington Pork	£8.95

Mains

Roast Ribs of British Beef with Yorkshire Pudding & Horseradish	£14.95
Honey & Rosemary Roast Leg of Lamb with Real Mint Jelly	£14.95
Crackly Roast Loin of Norfolk Pork with Homemade Apple Sauce	£13.95
Roast Norfolk Chicken with Homemade Stuffing & Bread Sauce	£13.95
8oz Swannington Steak Burger, Cheese, Onion Rings & Coleslaw	£13.95
Teriyaki Glazed Pork Ribs with Coleslaw Salad & Fries	£14.95
New Season Lamb Steak with Asparagus & Stilton Dauphinoise	£18.95
Pan Fried Swannington Lambs Liver & Bacon, Mash & Onions	£12.95
Swannington Sausages & Mash, Red Onion Relish & Gravy Jug	£11.95
Sesame Crusted Salmon with Courgette Ribbons, Honey & Soy	£14.95
Homemade Fish Pie; Cod, Salmon, Smoked Haddock & Prawns	£13.95
Fresh Dressed Cromer Crab Salad & New Potatoes or Fries	£13.95
Pan Fried Fresh Skate Wing with Capers & Balsamic Butter	£14.95
Fillet of Fresh Sea Bass with Crispy Cod Cheeks & Tartare Butter	£14.95
Whole Lowestoft Plaice on the Bone with Prawns & Dill Butter	£13.95
Panko Crusted Monkfish Katsu Curry with Steamed Sticky Rice	£15.95
Deep Fried Cod or Haddock Fillet in Batter, Chips & Mushy Peas	£13.95
Fillet of Fresh Hake with Sauté New Potatoes, Peppers & Chorizo	£15.95
Swannington Flat Iron Steak with Coffee Rub & Fried Onions	£14.95
12oz Swannington Gammon Steak with Fried Egg & Onion Rings	£14.95
8oz Prime Rump Steak with Stilton Baked Flat Mushroom	£16.95
Rump & Ribs Teriyaki Combo with Slaw , Onion Rings & Fries	£21.95
10oz Prime Ribeye Steak with Garlic Butter Mushrooms & Fries	£24.95
12oz Prime Sirloin Steak with Tomato, Mushrooms & Onion Rings	£26.95

Roast & Mashed Potatoes, Broccoli, Mashed Roots & Savoy Cabbage
Or Chunky Chips, Skinny Fries & Salad Garnish

Food Allergies & Intolerances: All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Before you order food and drinks, please ask a member of staff if you require assistance.