

Red Lion Sunday Lunch Menu

Starters

Rosemary Red Onion Bread & Marinated Olives	£3.5
Roast Sweet Potato & Carrot Soup with Fresh Dill & Croutons	£6
Pan Fried South Coast Sardines with Garlic Butter	£6
Homemade Meatballs in Fresh Tomato Sauce with Grated Cheese	£7
Hoi Sin Duck & Ginger Spring Rolls with Dipping Sauce	£7
Grilled Goats Cheese Salad with Honey Glazed Fresh Fig	£7
Calamares with Lemon & Cracked Pepper Aioli	£7.5
Sea Bass with Crispy Cod Cheeks & Tartare Butter	£7.5
Chinese BBQ Pork Belly with Seared King Scallops	£9

Mains

Roast Ribs of British Beef with Yorkshire Pudding & Horseradish	£15
Honey & Rosemary Roast Leg of Lamb with Real Mint Jelly	£15
Crackly Roast Loin of Norfolk Pork with Homemade Apple Sauce	£14
Roast Norfolk Chicken with Homemade Stuffing & Bread Sauce	£14
Panko Crusted Chicken Katsu Curry with Sticky Jasmine Rice	£14
Teriyaki Glazed Pork Ribs with Coleslaw Salad & Fries	£15
Chargrilled Chicken Caesar Salad with Bacon & Parmesan	£13
Swannington Sausages & Mash, Red Onion Relish & Gravy Jug	£12
8oz Swannington Cheeseburger with Coleslaw, Onion Rings & Fries	£14
Chargrilled Fresh South Coast Sardines with Greek Salad	£11
Sesame Crusted Salmon with Courgette Ribbons, Honey & Soy	£15
Fresh Halibut Fillet with Cromer Crab Cake & Tenderstem Broccoli	£17
Homemade Fish Pie; Cod, Smoked Haddock, Salmon & Prawns	£15
Pan Fried Suffolk Skate Wing with Capers & Balsamic Butter	£16
Fresh Dressed Cromer Crab Salad with New Potatoes or Fries	£14
Deep Fried Fillet of Fresh Haddock in Batter, Mushy Peas & Chips	£14
Chargrilled Swordfish Steak Salad with Avocado & Chorizo	£16
Whole Fresh Lowestoft Plaice with Brown Shrimps & Samphire	£14
Fillet of Fresh Hake with Sauté New Potatoes, Peppers & Chorizo	£16
10oz Flat Iron Strip Steak, Smoky Coffee Rub & Fried Onions	£17
12oz Swannington Gammon Steak with Fried Egg & Onion Rings	£15
8oz Prime Rump Steak with Stilton Baked Flat Mushroom	£17
10oz Prime Ribeye Steak with Garlic Mushrooms & Grilled Tomato	£25
12oz Prime Sirloin Steak with Tomato, Mushrooms & Onion Rings	£27

Roast & New Potatoes, Broccoli, Braised Carrots & Savoy Cabbage
Or Chunky Chips, Skinny Fries & Salad Garnish

Food Allergies & Intolerances: All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Before you order food and drinks, please ask a member of staff if you require assistance.