

Red Lion Sunday Lunch Menu

Starters.

Rosemary Bread with Olives, Balsamic Vinegar & Olive Oil	£4.5
Pea & Fresh Herb Soup with Croutons	£6
Pan Fried Fresh Newhaven Herrings	£6
Chicken, Avocado & Bacon Caesar Salad	£7
Fresh Mackerel Fillet with Garlic Butter & Feta Salad	£7
Fresh Skate Backs Pan Fried with Warm Tartare Butter	£7
Grilled Goats Cheese with Crispy Bacon & Sun Dried Tomatoes	£7
Salt & Pepper Crispy Squid Aioli	£7.5
Traditional Smoked Salmon Plate with Lemon & Brown Bread	£8

Mains.

Roast Rib of British Beef with Yorkshire Pudding & Horseradish	£16
Honey Roast Norfolk Leg of Lamb with Fresh Mint Jelly	£15
Crackly Roast Loin of Outdoor Reared Norfolk Pork with Stuffing	£14
Roast Chicken with Homemade Stuffing & Bread Sauce	£14
Homemade Steamed Steak & Kidney Suet Pudding & Gravy Jug	£16
Local Venison & Mushroom Casserole with Buttery Chive Mash	£15
8oz Black Angus Burger with Cheese, Onion Rings & Coleslaw	£14
Plant Based Burger with Chilli Chutney & Onion Rings (V)	£13
Teryaki Glazed Pork Belly Ribs, Homemade Coleslaw & Fries	£15
Roasted Root Cakes with Cheddar Sauce & Spinach	£13
Indonesian Vegetable Curry (V) with Steamed Jasmine Rice	£13
Roast Spiced Vegan Lentil Loaf, Roast Potatoes & Vegetables	£12
Fresh Cod Fillet in Beer Batter, Chunky Chips & Mushy Peas	£15
Whole Fresh Plaice Grilled with Brown Shrimps & Chive Butter	£16
Pan Fried Fresh Hake Fillet with Morston Mussels Mariniere	£16
Swordfish Salad with Charred Chilli Sweetcorn Salsa & Fries	£15
Pan Fried Fresh Lowestoft Skate Backs with Tartare Butter	£13
Fillet of Sea Bass with Stir Fried Vegetables & Chilli Salt Squid	£16
Sesame Crusted Salmon, Courgette Ribbons & Honey Soy Drizzle	£15
Wing of Fresh Suffolk Skate with Capers & Balsamic Butter	£17
Swannington Gammon Steak with Fried Eggs & Onion Rings	£16
10oz Flat Iron Strip Steak, Smoky Coffee Rub & Fried Onions	£17
8oz Prime Rump Steak, Baked Stilton Mushroom & Tomato	£17
10oz Swannington Ribeye Steak with Garlic Flat Mushrooms	£27
12oz Swannington Sirloin, Mushroom, Tomato & Onion Rings	£27

All Served with Carrot & Swede Mash, Broccoli, Spring Cabbage, Honey Roast Parsnips, Roast, or Mashed Potatoes, Chunky Chips or Skinny Fries

Food Allergies & Intolerances: All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are prepared and our menu descriptions do not include all ingredients. Before you order food & drinks, *please* ask a member of staff if you require assistance.