

THE RED LION

The Red Lion, 52 Eaton Street, Eaton, Norwich NR4 7LD Tel: 01603 454787 www.redlion-eaton.co.uk

Starters & Nibbles

Marinated Olives with Focaccia, Balsamic Vinegar & Oil	£6.5
Marinated Anchovy Fillets	£7
Baked Goats Cheese Salad with Honey Glazed Fresh Fig	£10
Swannington Ham Hock Terrine with Homemade Piccalilli & Hot Toast	£9.5
Crispy Chilli Beef Salad with Crushed Peanuts	£11
Local Asparagus with Soft Poached Free Range Egg	£10.5
Twice Baked Smoked Haddock & Cheese Souffle with Cream & Chives	£12
King Prawns with Garlic & Chilli "Pil Pil"	£12
Ranch Style BBQ Wings with Blue Cheese Mayo	£9
Garlic & Rosemary Baked Camembert	£13
Halloumi Fries with Chilli Jam	£7.5

Salads, Platters & Sides

Meadow Harvest Nourish Bowl - Avocado, Carrot, Beetroot, Tomatoes, Pumpkin Seeds, Micro Shoots & Sprouting Beans	£16
Add Chicken £5 Add Salmon £6 Add Falafel £4	
Ploughmans Platter - Ham Hock Terrine, Vintage Red Leicester, Salad, Pickled Red Cabbage & Crusty Rustic Baguette	£16
Chargrilled Chicken & Bacon Caesar Salad	£18
Cromer Crab Salad with Samphire & New Potatoes (when available)	£19
Dressed Mixed Salad £4 Garlic Rustic Baguette	£4.5
Baked Honey Carrots £4 Fine Green Beans	£4.5
Chunky Chips or Skinny Fries £4.5 Sweet Potato Fries	£5.5

Desserts

Creme Caramel with Vanilla Poached Rhubarb	£9
Katrina's Cheesecake of The Day	£9
Warm Spiced Orange Cake with Honey & Ginger Ice Cream	£9
Chocolate Fudge Brownie Tart	£9
Bennetts Farm Ice Cream & Sorbet Selection	
Available by the scoop	£2.75
Cheese Plate with Celery, Biscuits & Chutney	£12

Mains

French Style Chicken Supreme with Sauté New Potatoes, Fine Beans & Pancetta	£22
Sizzling "Best End" Lamb Chops with Greek Salad	£26
Roasted Cauliflower, Sweet Potato & Squash Croquettes with Wilted Spinach & Crumbled Feta (Vegan & Gluten Free Option Available)	£18
Pan Fried Swannington Lambs Liver & Bacon with Mash & Crispy Onions	£18
Rare Breed Intwood Farm Sausages & Mash with Gravy Jug	£16
Teriyaki Glazed Pork Ribs, with Slaw Salad & Skinny Fries	£21
Sesame Crusted Salmon Fillet with Courgette Ribbons & Honey Soy Drizzle	£22
Suffolk Skate Wing Pan Fried with Capers & Balsamic Butter	£24
Fillet of Fresh Fish in Batter (Catch of The Day) Chips & Mushy Peas	£19
New Season Wild Sea Bass Fillet with Crispy Samphire, Fennel & Pea Puree	£25
Fillet of Fresh Plaice & Prawns Glazed Thermidor with Local Asparagus	£26

Grill

Intwood Farm Hand Pressed Burger with Cheese, Salad, Pickles, Slaw & Fries	£18
Korean Fried Chicken Burger with Pickled Red Cabbage, Chilli Mayo & Fries	£18
Norfolk Flat Mushroom & Halloumi Burger with Chilli Jam, Salad, Pickles, Slaw & Fries (Vegan & Gluten Free Option Available)	£18
10oz Swannington Gammon Steak with Fried Free Range Eggs, Grilled Tomato, Beer Battered Onion Rings & Chips	£21
16oz Pork T-Bone Chop with Peppercorn Sauce, Grilled Tomato & Onion Rings	£22
10oz Coffee Rub Flat Iron Strip Steak, Fried Onions & Grilled Tomato	£25
8oz Intwood Farm Rump Steak, Mushroom, Tomato & Onion Rings	£24
Teriyaki Ribs & Steak Combo with Slaw & Onion Rings	£29
10oz Prime Sirloin Steak, Mushroom, Tomato & Onion Rings	£32
10oz Ribeye Steak with Grilled Tomato & Mushrooms in Garlic Butter	£32
<i>Add Onion Rings</i>	£3
<i>Add Peppercorn Sauce or Stilton Sauce</i>	£4
<i>Add Butterfly King Prawns in Garlic Butter</i>	£10

All dishes come with a Choice of New Potatoes, Chunky Chips or Skinny Fries

FOOD ALLERGIES & INTOLERANCES - All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all the ingredients. Please ask a member of staff if you require assistance

An optional service charge of 10% will be added to the bill